

Mysterious things Steve Yi has eaten

 devblogs.microsoft.com/oldnewthing/20060203-00

February 3, 2006



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I read with some fascination [Steven Yi's *Mysterious Things I Have Eaten*](#), since I have had four out of five of them myself. And I love the little story he tells about sea cucumber. Kimchee, like [lutefisk](#) and [surströmming](#), most likely comes from the days before refrigeration. The acid produced by fermentation preserves (what's left of) the food.

Oh, and if you're keeping score:

- Dried squid: Too salty. (Then again, I didn't have the jerky type; mine was shredded.)
- Sea cucumber: Awful.
- Kudu poop: Haven't tried it.
- Kimchee: Not bad.
- Shrimp chips: Awesome.

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